

# STUDENT SERVICES & CAMPUS LIFE

262-595-2345 • Keyword: *Student Life*

A quality university experience goes beyond the classroom. UW-Parkside offers students a variety of campus activities and services designed to support academic endeavors and enrich personal and professional development.

UW-Parkside is committed to cultural enrichment and diversity. The Student Activities Office, the Office of Multicultural Student Affairs, and the Center for International Studies facilitate the campus response to academic and social needs of students of all ethnic backgrounds. A variety of programs throughout the year celebrate cultural achievements and contributions.

## Athletics and Recreation

A comprehensive program of intercollegiate athletics and recreational activities is available at UW-Parkside. The campus supports an all-purpose Sports & Activity Center, featuring the Frank J. Petretti Fieldhouse, Alfred S. and Bernice De Simone Gymnasium and the Carmelo D. Tenuta Hall. The center is equipped with a weight room, eight-lane swimming pool, an indoor track, and court facilities for racquetball, handball, squash, tennis, basketball, badminton, and volleyball. Outdoor facilities include seven soccer fields, the Red Oberbruner Field baseball diamond, the Case Softball Complex, and a 400-meter all-weather track.

The UW-Parkside women's softball team plays home games on the Sports Physical Therapy Center field at the Case Softball Complex. The Wayne E. Dannehl National Cross Country Course is used for cross country running and skiing as well as walking. Neighboring Petrifying Springs Park features a public 18-hole golf course, an outdoor volleyball court, and two softball diamonds.

The university offers a comprehensive program of intramural sports. Students can participate in a variety of leagues, tournaments, and open play. Competitive team sports include flag football, basketball, volleyball, soccer, and softball. Individual participation is available in sports such as tennis, golf, racquetball, badminton, bowling, and floor and water aerobics.

Intercollegiate athletics at UW-Parkside include a complete program of competitive sports for men and women. The university is a member of the NCAA Division II and the Great Lakes Valley Conference (GLVC). Varsity participation is available in men's and women's cross country, men's and women's track and field, men's and women's soccer, women's volleyball, men's golf, men's and women's basketball, softball, baseball, and wrestling. UW-Parkside's track program features race walking, which attracts athletes from across the country. A number of participants have gone on to represent the United States in the Olympic Games.

The university has hosted the NAIA National Cross Country Championships for many years, hosted the TAC National Cross Country Meet in 1993, and has served as the site for the NCAA National Division II Cross Country Meet and the National Fencing Championships several times. UW-Parkside has twice hosted the NCAA National Division II Wrestling Championships.

The university athletic teams are known as the Rangers, and the school colors are forest green, white, and black. Ranger Bear is the team mascot. The UW-Parkside athletics program has produced more than 500 All-Americans in men's and women's sports, including 75 national champions. In addition, UW-Parkside has had numerous Academic All-Americans, reflecting the university's commitment to competitiveness in both athletics and academics.

## University Bookstore

The University Bookstore is located on the main floor of the Student Center. Both text and trade books are found in the store in an open-stack, "select your book" environment that allows students a chance to browse and to personally examine new or used books prior to purchase. In addition, the store features school supplies, official UW-Parkside apparel, greeting cards, gift items and snacks.

## Career Center

The Career Center offers services to assist UW-Parkside students in career development. Students are encouraged to visit the center frequently in order to explore career options before their senior year. Career Center counselors help students assess personal interests, values, and abilities as they make decisions about a major course of study or career goal. Numerous assessments are available as well as career books, periodicals, employer and graduate school indexes, and Internet resources. Information on internship opportunities is available.

Workshops are offered each semester to assist students as they make career decisions. Individual counseling and workshops for job seekers are conducted during the year. Students are exposed to a variety of job search strategies including resume writing and interviewing. Job vacancies are posted, candidates' resumes are referred to local employers, and on-campus interviews are coordinated by the Career Center. Assistance in graduate school planning is also provided. Students are encouraged to discuss graduate plans with a counselor one year prior to graduation.

## Child Care

The Child Care Center provides a quality, affordable early childhood experience for children of students, staff, faculty and the local community. Located east of the main complex, the center

provides child-centered programs. A state-licensed agency, the Child Care Center offers services during the academic year for children between the ages of 4 weeks through 4-year-old pre-school. Individuals are encouraged to contact the center early when making child care arrangements for each semester. For additional information, call the center at 262-595-2227.

## Clubs and Organizations

### Parkside Activities Board

The Parkside Activities Board (PAB) is the UW-Parkside student organization which presents campus entertainment and activities. These include films, lectures, dances, live entertainment, comedians and annual activities.

### Black Student Union

The purpose of the Black Student Union (BSU) is to promote socio-cultural unity, awareness of history and a sense of ethnic appreciation among African American students. BSU promotes intercultural exchanges among all races and exists to serve the unique needs of African American students on campus.

### Rainbow Alliance

Rainbow Alliance is an organization that supports gay, lesbian, bisexual, transgender and questioning people, and straight allies. Rainbow Alliance facilitates dialogue and education. All people of goodwill are welcome to learn more about queer culture and politics.

### Latinos Unidos

Latinos Unidos is a cultural club oriented toward diversity and is open to the campus. Latinos Unidos has five simple objectives: encourage education for personal and professional growth; provide a harmonious atmosphere for Hispanic students, Spanish majors and the general student body; secure a community of supporters on campus and in the community at large; share the Hispanic heritage and culture with the community; and establish a membership for all students, staff and faculty.

### Parkside Adult Student Alliance

Adult students are a significant component of the UW-Parkside student body. The Parkside Adult Student Alliance (PASA) serves the needs of adults returning to college. PASA aids in the recruitment and retention of adult students through a variety of academic and support networks. The organization is helpful for those students juggling family and employment obligations.

### Parkside Asian Organization

The goal of the Asian Organization is to establish a community of support, and share educational experiences. Members, as well as other students, will be exposed to the beauty of the Asian cultures that exist within the student body through educational programs and cultural festivities.

### Parkside International Club

The Parkside International Club (PIC) is a student organization that encourages friendship between all international students and students from the United States. The organization provides opportunities for students to explore their leadership potential and organizes social/educational events to highlight the students' various cultures to increase international awareness on campus

and in the local community. For more information, contact the Center for International Studies, Tallent 180.

### Parkside Student Government Association

The Parkside Student Government Association (PSGA) is the official, elected governmental organization of the student body. PSGA consists of a student senate, judiciary branch, allocation committee, legislative affairs committee, student services committee, social concerns committees, and makes appointments to various university committees.

### Sacred Circle

Sacred Circle honors the cultures of American Indian and indigenous people. This is done through recognizing, encouraging, supporting and promoting activities that exemplify the purpose of the organization.

### Student Organizations Council

The Student Organizations Council (SOC) provides a forum for the communication and support of more than 70 recognized student clubs and organizations. In addition, the council coordinates co-curricular activities for the purpose of enriching campus life.

### The Ranger News

The Ranger News is the weekly student newspaper. Managed by students, the newspaper is designed to inform students, faculty, staff and the community about campus activities and issues.

### WIPZ 88.5-FM Radio

WIPZ is an organization provided by the students for the students, and was started by students dedicated to creating a radio station at UW-Parkside.

## Computer Labs

UW-Parkside offers students a variety of computer environments. General access microcomputer laboratories are located on the ground floor of the Library, Molinaro 115, Molinaro 118, and Molinaro 124. The labs, open seven days a week, provide a variety of computer platforms and printing capabilities and a wide selection of software programs. Some departments maintain specialized microcomputer labs for use by their majors (e.g., computer science, business, biology, and physics).

All computer labs offer students Internet access, and the university provides an e-mail account to all students. In addition to the on-campus labs, the university maintains a dial-in modem pool that students can use to access their e-mail and many of the specialized systems required to complete course work.

## Dining Services

UW-Parkside offers students flexible dining options available in today's college setting. Among the most popular places to eat is the Brickstone Grill and Eatery. Located on the main level of the Student Center, it offers both self-serve and attendant-served areas, including a grill area, salad bar, home-style soups and bakery, traditional entrees, and a wide variety of beverages. In addition, Wyllie Market, Molinaro Joe's, and Encore offer a variety of food and beverage options. Beverage and food vending machines are in most UW-Parkside buildings.

## Disability Services

Services for UW-Parkside students with disabilities are coordinated by the Disability Services Office in the Office of Educational Support Services. Students with documented disabilities who desire accommodations should contact the Coordinator of Disability Services 262-595-2610. Students with physical disabilities are also encouraged to contact the Student Health and Counseling Center at 262-595-2366.

Students with disabilities are required to submit medical or other diagnostic documentation of the disability and limitations. They may be required to provide additional documentation prior to receiving requested accommodations. Requests for accommodations should be made as soon as possible, preferably at least eight weeks in advance of a course, workshop or activity. Accommodations that are available to students with disabilities include but are not limited to taped textbooks, enlarged materials, preferential seating (front, etc.), alternate test formats, taped tests, and note-taker services. The policy and guidelines applying to nondiscrimination on the basis of disability are available in the Disability Services Office and on the UW-Parkside website.

## Educational Support Services

The Office of Educational Support Services is available to enrich and support classroom learning. Many UW-Parkside students will use several of the following academic services before graduation: disability services, developmental classes, tutoring, or membership in Student Support Services.

### Learning Assistance

Learning Assistance offers Academic Skills courses, manages the UW-Parkside Tutoring Center, and coordinates supplemental instruction. Through Learning Assistance, workshops are provided in time management, coping with stress, test-taking strategies, learning styles, math anxiety, reading improvement, and vocabulary expansion. These workshops are available upon request for university classes and campus groups.

Learning Assistance offers computer-enhanced course work in mathematics and writing in a high technology classroom/lab. Supplemental instruction is offered for classes known to be difficult for students. Supplemental instruction leaders attend classes and facilitate small group study sessions outside class meeting times. Faculty interested in supplemental instruction for their classes and students interested in becoming supplemental instruction leaders should contact Learning Assistance.

The Tutoring Center offers peer tutoring in most academic areas at no charge. Mathematics and writing assistance are offered on a walk-in basis. Other subject tutoring is done by appointment.

### Student Support Services

Student Support Services is a structured retention program funded by the U.S. Department of Education under federal TRIO programs. The program is targeted to students who meet at least one of the three federally established criteria: 1) falls under a certain income level; 2) is a first-generation college student – neither parent has graduated from a four-year college or university; 3) has a diagnosed disability.

The Student Support Services program provides intrusive advising, career planning, personal advising, collaborative learning, peer mentoring, cultural and educational programming, financial aid planning, and educational assistance for more than 150 students.

## LGBTQ Resource Center

The mission of the LGBTQ Resource Center is to provide a safe, inclusive, and comfortable environment on campus for LGBTQ and allied students, faculty, staff, and community. The center provides advocacy and support services to meet the unique needs of the targeted populations. The center also provides resources and education, which include curricular and co-curricular programming. The LGBTQ Center is located in WYLL D171.

## First Year Experience

First Year Experience program is designed to provide students with the tools necessary to succeed and make a smooth transition to university life. First year programs include Ranger Welcome, Success Academy, FY Academic Success Workshops, and Phi Eta Sigma (Freshman Honorary).

## Housing

The Residence Life Office provides UW-Parkside students with information regarding on- and off-campus housing options. UW-Parkside offers three facilities – Ranger Hall, University Apartments, and a suite style residence hall. Ranger Hall is a more traditional style residence hall. University Apartments consists of 53 fully furnished four-bedroom, two-bath apartments. The suite style is a four- or five- person suite with a private bathroom. All UW-Parkside residence halls feature computer labs and Internet access. Students are encouraged to apply for on-campus housing immediately after admission to the university. To apply, fill out an online application and submit a \$50.00 security deposit.

## International Student Services

International students from 30 countries attend UW-Parkside. The Admissions Office assists international students with the admission process, and the international student adviser located at the Center for International Studies, Tallent 180, provides support once the students arrive on campus. The adviser coordinates the international student orientation, a welcome picnic in the fall semester, and the international friendship hours as well as advises students about immigration issues, international health insurance and cross-cultural adjustment issues. International students must submit an application, a sponsorship form, a transcript and TOEFL scores for admission. See the Admissions section – International Students – for more information.

## Multicultural Affairs

The Office of Multicultural Student Affairs (OMSA) is committed to the recruitment, retention, and graduation of underrepresented students. OMSA pursues this goal through cultural programs, academic workshops and mentoring services. The mission is to connect, empow-

er, and develop students for success. Through academic initiatives, students, staff and faculty share an enriching connection to one another, the UW-Parkside community, and the surrounding communities. Additional resources available through OMSA include scholarship information, employment opportunities, campus referrals, graduate school information and an informal setting for student networking. The office is located in Wyllie Hall D182. For more information call 262-595-2731 or visit [www.uwp.edu](http://www.uwp.edu) Keyword: *OMSA*.

### **Intercultural Commons**

Many activities are held in the Intercultural Commons, a comfortable lounge area inside the Office of Multicultural Student Affairs. The Intercultural Commons can be used for studying or just relaxing. Resources include a computer lab with PC and Macintosh formats, intercultural publications, newspapers, telephone, television, graduate postings and on- and off-campus job postings. Additional information about the Office of Multicultural Affairs can be obtained in Wyllie Hall D182 or on the UW-Parkside website at [www.uwp.edu](http://www.uwp.edu) Keyword: *OMSA*.

## **Study Abroad**

The Center for International Studies, located in Tallent Hall 180, is the central location for study abroad opportunities. The center collaborates with the Financial Aid Office to assist students in financing their study abroad by offering travel grants to eligible students. In terms of study abroad offerings at UW-Parkside, there are short-term tours to Ghana, Russia, China and Japan. Plans are now proceeding to establish further linkages with institutions in Germany, Italy and Jordan. Students can also access programs offered by other UW System colleges and universities. In the past, students have studied in Australia, Brazil, Costa Rica, England, France, Germany, Ghana, Ireland, Italy, Mexico, Russia, Spain and Sweden.

## **UW-Parkside Police Department & Public Safety**

The UW-Parkside Police Department & Public Safety provides law enforcement services to the university community. As a sworn law enforcement agency of the state of Wisconsin, its police officers have full police authority and receive the same training as all other law enforcement officers in the state. In addition to sworn police officers, the department employs non-sworn community-service officers who provide a variety of security, escort, and support services to the campus.

In addition to traditional law enforcement functions, the department offers a number of other services. Crime prevention education programs are offered throughout the year. Moreover, faculty, staff, and students work in partnership with the department to create and maintain a safe atmosphere for work and study. Officers provide assistance to motorists and assist authorized members of the university community with access to locked doors.

The UW-Parkside Police Department also administers the university's parking program, which includes the issuance of parking permits, parking enforcement, and shuttle bus service.

Emergency assistance is available 24 hours, each day of the year, by calling 2911 from any campus telephone. Non-emergency assistance

and information may be obtained by calling 262-595-2455. The UW-Parkside Police Department is located in Tallent Hall 188.

## **Ranger Card**

The Ranger Card is more than the official university identification card, it's an essential part of campus life. The Ranger Card can be used to make a variety of purchases on campus. Students deposit funds into their Campus Cash account and then use the Ranger Card as a debit card against the account. The Ranger Card is used for access to residence halls, the Sports & Activity Center and many computer labs. It's also used for checking out library materials, purchasing tickets, event admissions, printing, photocopying and dining plans.

## **University Activities**

The University Activities Office assists students in finding a variety of ways to get involved on campus through student organizations, leadership workshops and opportunities, special programming committees, and event coordination and information. The office provides information on the more than 70 student organizations along with their meetings and events. Assistance is provided to students interested in developing new organizations, programs and activities. The University Activities Office also coordinates numerous programs and events including a leadership series, Worldfest Week and other multicultural programs, Welcome Week, Fall Fest, Winterfest, the annual winter Arts & Crafts Fair, and much more.

## **Student Employment**

Student Employment, located in the Career Center, assists students in locating jobs on and off campus. Through a quality college work experience, students can expand their academic preparation, generate income and explore career options. Up-to-date internships, part-time and seasonal opportunities are posted on the web at [www.uwp.edu](http://www.uwp.edu) Keyword: Career Center.

## **Student Health & Counseling Center (SHCC)**

The Student Health & Counseling Center is located in the building east of Tallent Hall or can be reached by phone at 262-595-2366. The overall mission of the SHCC is to assist students in achieving academic success by providing quality primary care and personal counseling that supports preventive health practices and positive lifestyle choices.

### **Health and Wellness Information**

Health services providers include a nurse practitioner a primary care physician and full-time master's/college health certified registered nurses. This service is confidential and free to all enrolled UW-Parkside students. The SHCC provides a broad range of primary care services that include triage of emergency and acute illnesses, women's health, allergy injection service, and dispensing of select vaccines/immunizations, antibiotics, contraceptives and over-the-counter medicines. Some of the procedures/treatments include sports physicals, gynecological exams, dressing changes,

suture/staple removal, selected diagnostic screenings, and loan of crutches and wheelchairs. Students may be seen on a walk-in or appointment basis. Charges for selected medications and procedures may be paid by cash, check or Ranger One Card Campus Cash. The cost for medications and procedures can be found on the SHCC web page [www.uwp.edu](http://www.uwp.edu) Keyword: *Student Health*.

Students with short or long-term disability needs can receive supportive services at the SHCC. In addition to the general services offered to all students, they may have the short term loan of crutches, wheelchairs, and accessible locker spaces. The SHCC collaborates with the coordinator of Disability Services where academic accommodations are needed. Disability Services is located in Wyllie Hall, D175, 262-595-2610.

### **Personal Counseling, Alcohol and Other Drug Counseling, and Preventive Health Education**

Free personal counseling is provided to currently registered UW-Parkside students by licensed/certified master's-prepared professional counselors who also hold Alcohol and Other Drug certification. Their practice sustains the mission of supporting academic success by helping students to manage personal/psychological problems that might interfere with their ability to think clearly and concentrate on their studies. The counselors provide professional support and intervention with addictive behaviors, depression, anxiety, stress, relationship problems, self esteem and lack of assertiveness issues, procrastination, and poor adjustment to the college experience. A board-certified psychiatrist is available for those students who require medication intervention or more acute psychiatric assistance. Appointments to see a counselor can be made by phone or in person at the Student Health & Counseling Center.

Preventive Health Education is conducted by the Prevention Program Manager who works with student leaders – Peer Health Educators (PHE) – to provide this valuable service. The PHEs are students selected by application and interview to function as trained health educators and role models to their diverse peers and campus community. They conduct informative presentations on various topics in both formal and informal settings. The topics include stress management, relationship issues, sexuality, alcohol and drug use and abuse, AIDS awareness, and more.

### **Student Health Insurance**

All students are encouraged to have health insurance. Unexpected physical and mental health emergencies can occur, the cost of which could put severe strain on the students ability to complete their education. UW-Parkside, as a member of the UW System Insurance Consortium, has made a health plan accessible to students. Eligibility is based on being an undergraduate and special students taking 5 or more credits (3 or more hours during the summer) or a registered graduate student. The plan is administered by Student Assurance Services, Inc. underwritten by Columbia Life Insurance Company [www.sas-mn.com](http://www.sas-mn.com). The student may view the plan, enroll online, or wait until a hard copy is sent to the home address in early August. Copies of the plan will also be available at the Student Health & Counseling Center front desk.

**Athletic Insurance** is available through this plan once the student has enrolled for their standard health policy.

All **UW-Parkside international students** are required to have health insurance that is comparable to that provided by Student Assurance Services, Inc. All international students are automatically billed and enrolled in the Student Assurance plan twice a year (September and February). Removal from the policy is done after presenting a copy of the policy and proof of current enrollment in a comparable plan to the International Program Coordinator located in Tallent Hall 180. This must be done within the enrollment period – the first two weeks of each semester. Questions concerning this program should be addressed by calling 262-595-3215 or 262-595-2366.

### **Tutoring Services**

The Tutoring Center provides students with peer tutoring in most academic content areas at no cost. Located in Wyllie Hall D180, the Tutoring Center also provides good students with on-campus employment opportunities. Writing and math tutors are available to help students on a walk-in basis. Tutors are prepared to meet students at all academic levels ranging from freshman-level courses to advanced major classes. Other subject area tutoring is arranged by appointment. A computer lab is available to meet students' needs. For information call 262-595-2044.

### **Student Center**

The Student Center provides service, educational opportunities and facilities for students, the university and the community. The Student Center is connected to the main academic complex by an enclosed overhead walkway, just minutes from residence halls and classrooms. Several dining and entertainment venues exist including Brickstone Grill and Eatery and the Den. The Den offers pool tables, video games, foosball and an Internet zone. WIFI is available in the entire facility.

### **Volunteer Program**

UW-Parkside students are given the opportunity to apply skills, interests, and academic learning to real-life experience through the Parkside Volunteer Program. Students can learn first hand about business management techniques, physical therapy, pathology, domestic violence, illiteracy, alcohol and other drug abuse rehabilitation programs, juvenile delinquency, hospice care, and many other important topics.

Hundreds of UW-Parkside students are serving in our communities, at agencies and organizations every semester. Because of the Parkside Volunteer Program, students have made career choices, gained employment, learned new skills, increased personal confidence, and experienced satisfaction in helping others.