

Agreement for Assumption of Risk, Indemnification, Release, and Consent for Emergency Treatment

I wish to participate voluntarily in the University of Wisconsin-Parkside (UW-P) 'Bear Paws for a Cause' 4K Trail Run/Walk. I acknowledge that the intent of UW-P is to provide wholesome and positive recreational experiences for all who participate and to raise funds for UW-P student scholarships.

Assumption of Risks: I understand that physical activity related to the 'Bear Paws for a Cause' event, specifically, walking and running, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The specific risks range from: 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as fractures, internal injuries, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death. I understand that the University has advised me to seek the advice of my physician before participating in this activity, and I certify that I have not been advised against this or other, similar physical activity by a qualified medical person. I understand that I have been advised to have health and accident insurance in effect and that no such coverage is provided for me by UW-P or the State of Wisconsin. I know, understand, and appreciate the risks that are inherent in the above-listed activity. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

Hold Harmless, Indemnity and Release: In consideration of permission to participate in the 'Bear Paws for a Cause', I, for myself, my heirs, personal representatives or assigns, agree to defend, hold harmless, indemnify and release the Board of Regents of the University of Wisconsin System, UW-P, and their officers, employees, agents, and volunteers, event sponsors and prize contributors from and against any and all claims, demands, actions, or causes of action of any sort on account of damage to personal property, or personal injury, or death which may result from my participation in the above-listed program. I intend this to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Consent for Emergency Treatment: I authorize UW-P and its designated representatives to consent, on my behalf, to any emergency medical/hospital care or treatment to be rendered upon the advice of any licensed physician. I agree to be responsible for all necessary charges incurred by any hospitalization or treatment rendered pursuant to this authorization.

Acknowledgement of Understanding: I have read this agreement, fully understand its terms, and understand that I am giving up substantial rights including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily.

I have read the above terms and agree to them.

Print name: _____

Signature: _____ Date: _____

Signature of parent/guardian: _____ Date: _____
(if under 18)

Release for Use of Photos and Likeness by UW-P: I understand that UW-P may take photographs, video, audiotape and other image and sound-based media of the 'Bear Paws for a Cause'. UW-P may wish to use such photographs for educational, promotional, advertising, and other purposes. Therefore, I hereby freely and voluntarily consent to the use and publication of my name, participation, picture, and/or likeness by UW-P and/or its employees and/or agents for any and all purposes including, but not limited to, educational, promotional, advertising, and trade, through any medium or format, including but not limited to videotape, audiotape, film, photograph, television, radio, digital, internet, theatre, or exhibition at any time from this date forward until I revoke this consent in writing. I further waive any claims against UW-P and/or its employees and/or agents based upon related to its use or publication of my likeness, voice participation and/or picture I freely give this authorization without expectation of compensation.

I have read the above terms and agree to them.

Print name: _____

Signature: _____ Date: _____

Signature of parent/guardian: _____ Date: _____
(if under 18)

Safety & Cancellation Policies: The Wayne E. Dannehl Cross Country Course is a delightful natural course. As a result, you should expect and be prepared for uneven surfaces, a variety of terrain and potentially muddy spots. Strollers may be used at your own risk. This event will be held, rain or shine. We reserve the right to cancel in extreme circumstances. Should that occur, **there will be no refunds** and your entry fee will be used as a donation for the event expenses and scholarship funds.

DONATIONS

You can donate scholarship dollars individually or form a team and enter the **Team Donation Challenge (see below)**. Online donors use their credit cards and receive instant emailed tax deduction receipts. (<http://www.active.com/donate/bearpawsforacause10>) Those who mail in donations will receive a receipt through the mail.

TEAM DONATION CHALLENGE

Teams of up to four individuals may enter to compete for the Team Donation Challenge Championship. Using the Active.com site, you can set up your team profile to track donations and email your team members. You can also see how other teams are doing in the competition. The team that collects the most cash wins! In order to be counted in the challenge, mailed donations must be postmarked by Thursday, April 29th and online donations close on Friday, May 7, 2010 at 6 a.m.

AWARDS

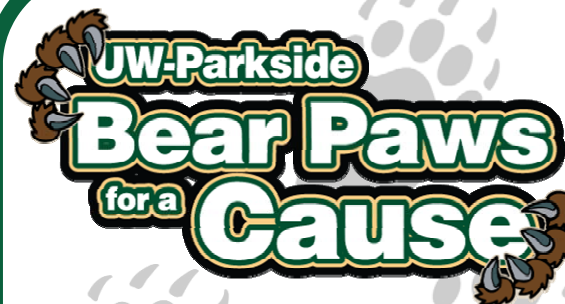
INDIVIDUAL AND TEAM RACE AWARDS

Individuals and teams win awards for race performance (based on age graded scoring). Teams consist of four members with the age graded times determining the team's overall place. Prizes will be awarded to the:

- **Top three fastest male racers**
- **Top three fastest female racers**
- **Top finishing team**

RAFFLES & GAMES!

Bring cash for raffles and other fun challenges held throughout the event. You must be present to claim raffle prizes!



4K Trail Run/Walk



"Funding Scholarships
One Mile at a Time!"

May 8th, 2010

10:00 am

Wayne E. Dannehl
National Cross Country Course
Kenosha, WI

www.uwp.edu
Keyword: Bear Paws for a Cause

THE EVENT

INFO/SCHEDULE

REGISTRATION

JOIN US

UW-Parkside is hosting the 2nd Annual 'Bear Paws for a Cause' 4K Trail Run/Walk at the Wayne E. Dannehl National Cross Country Course in Kenosha, WI. Can't be there? Enter the **Team Donation Challenge** (see back panel.)

THE GOAL

- To raise scholarship money for student athletes and Sport and Fitness Management majors.
- To make a difference in the lives of students while having fun with family and friends.

PARTICIPANTS RECEIVE

"Go Green" Shwag Bag filled with goodies, raffle ticket, and coupons.

THE COURSE (www.uwp.edu/map/4K.pdf)

The Wayne E. Dannehl National Cross Country Course has garnered nationwide acclaim for its scenic routes and spectator friendly layout. It has hosted both NCAA and NAIA collegiate cross country championships. A duplicate 4K course will be laid out on the adjacent paved path for wheelchairs, strollers and those that prefer to walk this surface. (Entrance off County Highway JR across from Petrifying Springs County Park.)

SCORING

The race will be using **AGE GRADED SCORING**, a handicapping system that compares a runner's actual time to their "ideal" time based upon their age and gender. Your age will be calculated as of December 31, 2010. See the Bear Paws website for more information.

HIGH SCHOOL/COLLEGE RUNNERS

The 'Bear Paws for a Cause' is being held during the HS and college track competitive season. Individuals who compete for their educational institutions may forfeit eligibility if they participate. Check with your institution for rules that are applicable to you.

REGISTRATION METHODS:

- Online** - Registration Powered by Active.com— Search "Bear Paws for a Cause"



(transaction fees apply)

- By Mail** - Complete registration form, sign/date waivers on the reverse side and submit along with a cash/check/money order payable to **UW-Parkside Foundation** and mail to:

UW-Parkside: HESM Department
900 Wood Rd.—P.O. Box 2000
Kenosha, WI 53141

*****Mail registrations must be postmarked by
Thursday, April 29th, 2010!*****

- In Person** - Bring completed registration, signed and dated waiver along with cash/check/money order to the SAC between 8:00 am to 6:00 pm Mon.- Fri. up to **Friday, May 7th, 2010**. Same day registration closes at 9:30 a.m. at the course.

SCHEDULE - SATURDAY, MAY 8TH, 2010

AT THE COURSE

| | |
|--------------------------------|-----------------------|
| Registration/Donation Drop Off | 9:00 am |
| Registration Cut Off | 9:30 am |
| Race Start | 10:00 am |
| Awards/Raffle Drawings | After the race |

CONTACT INFORMATION

- Website:** www.uwp.edu Keyword: Bear Paws for a Cause
- HESM Main Office:** (262) 595-2245
- Race Director:** Linda Draft (draft@uwp.edu)

PARKING

Parking will be available in the Communication Arts Parking Lot just northeast of the cross country course entrance. Entrance to the lot is located on University Drive (formerly Outer Loop Road) near the corner with Petrifying Springs Road (County Highway JR).

FEE: THRU MAY 1 AFTER MAY 1

Adult: \$20 \$25
over 18

Student: \$15 \$20
18 and under or with college ID

PERSONAL INFORMATION

Please complete both sides. One form per person.

Name: _____

Address: _____

City, State, Zip: _____

Email: _____

Birth Date ___/___/___ M or F

Registration: \$ _____ + Donation: \$ _____

Total: \$ _____ Phone: () _____

RACING TEAM INFORMATION

Team Name: _____

Team Captain: _____

DONATION TEAM CHALLENGE

Team Name: _____

Team Captain: _____

NON-PARTICIPANT

I am unable to participate. Please accept my donation. (Please fill in personal information so that a receipt can be sent to you.)