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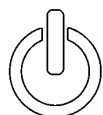
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Works date from 1543 through 1945. Titles in health and medicine include:

- M. Angeline Merritt, *Dress Reform Practically and Physiologically Considered: With Plates, Illustrations, Opinions of the Press and the Private Testimony of Various Prominent Individuals*, 1852
- Catharine Beecher, *Letters to the People on Health and Happiness*, 1855, a forerunner of *Our Bodies, Ourselves*, educating women about their bodies and ways to maintain their health
- Margaret Welch, *Is Newspaper Work Healthful For Woman?*, 1894, arguing that the determinant factor is the nature of the work, not female physiology
- *Protection of the Health and Motherhood of the Working Women of Illinois*, date unknown
- Ely Van De Warker, *Woman's Unfitness for Higher Coeducation*, c. 1903. A physician and commissioner of schools provides social and physiological arguments reminiscent of the late 19th century.
- Lydia Maria Francis Child, *The Family Nurse: Or, Companion of the Frugal Housewife*, 1837. The author's works on home and family were among the most popular of the many domestic advice books of the time.

Works are searchable by keyword, standard bibliographic elements, and Boolean operators, with records linked to corresponding page images in downloadable Adobe® PDF

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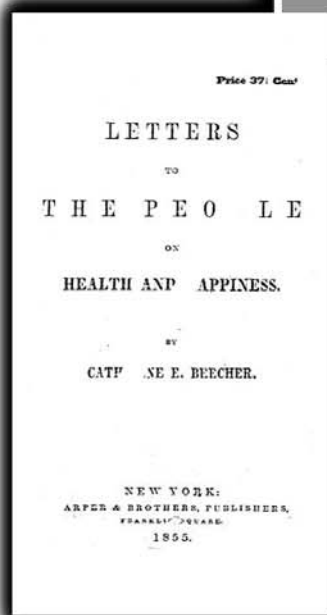
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1. Drysdale, Charles Robert. [\[Full Citation\]](#) [\[Page Image\]](#)
Medicine as a profession for women
London: C. Tucker, 1870, 31 pgs.
2. Anonymous. [\[Full Citation\]](#) [\[Page Image\]](#)
The American lady's medical pocket-book, and nursing-adviser: containing rules for preserving the health of unmarried females, directions to pregnant and lying-in women, and an account of their diseases: together with instructions for the rearing of children from the hour of their birth: and an account of the diseases of infancy
Philadelphia: J. Kay, 1833, 298 pgs.
This is an example of the popular health literature written in 19th century America to educate women on the proper ways to maintain their health, on female-specific diseases, on healthy sexual relationships, etc.
3. Brinton, Daniel Garrison. [\[Full Citation\]](#) [\[Page Image\]](#)
Personal beauty, how to cultivate and preserve it in accordance with the laws of health
Springfield, Mass.: W.J. Holland, 1870 1869, 325 pgs.
The authors approach the subject of women's appearance from the perspective of health and hygiene.
4. Comfort, George Fisk. [\[Full Citation\]](#) [\[Page Image\]](#)
Woman's education, and woman's health, chiefly in reply to "Sex in education"
Syracuse N.Y.: T.W. Dutton, 1874, 155 pgs.
Co-authored by Comfort's wife, a doctor, this book was one of the challenges to Clarke's *Sex in Education* (Gerritsen no. A540). It argued that Clarke's



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