

ALL Lectures Schedule: Jan- May 2024

UPDATED: 1/31/24

Lectures are held in person on Fridays at 2pm AND also streamed live from Tallent Hall, Room L182(See below for dates). The lectures will continue to be announced via email the week before and then the day before with details on the talk, the online link if you are logging in from somewhere and instructions for accessing them. **You do not need to register.**

January 12, 2024: Rescheduled to 1/19/24

January 19, 2024: “Present and future developments in Kenosha as well as a reflection on past events that have occurred”

John Antaramian, Mayor of Kenosha, WI

(coordinated by Meredith Clubb)

Mayor Antaramian, a University of Parkside graduate, served in the Wisconsin State Assembly for ten years until becoming mayor of Kenosha in 1992, serving until 2008 when he retired to start a consulting business. He was re-elected mayor in 2016.

February 2, 2024: Investing in Kenosha’s Legacy: KPL Kids Library is a Beacon of Success

Brandy Cummings, Kenosha Public Library’s Assistant Director

(coordinated by Doris Nice)

Join Brandi Cummings, Kenosha Public Library’s assistant director, as she shares more about the upcoming KPL Kids Library project and why community support is paramount to the success of future generations.

Brandi Cummings is the Assistant Director at the Kenosha Public Library and has an unwavering commitment to fostering environments of inclusivity, belonging, and empathy. With nearly twenty years of community-building experience, she understands that the key to success lies in building robust social infrastructure. She believes that public libraries are essential to thriving communities. She is particularly interested in developing strategies that combat social isolation and loneliness. Brandi holds an MBA focusing on Human Resources and is pursuing her MLIS.

February 16, 2024: TBA

March 1, 2024: Racine

Mayor Cory Mason of Racine

(coordinated by Carol Lee Saffiotti-Hughes)

Will update when information is received.

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March 15, 2024: Zumba for Seniors

Norma Castillo-Radzick, J & N Ultra Fitness Studio

Will update when information is received.

April 5, 2024: Connecting Eating Better and Moving More to Live a Healthier and Longer Life!

Jeffrey A. Damaschke PT, DPT, PhD, Lifestyle Medicine Department, Rosalind Franklin University of Medicine and Science
(coordinated by Mike Thompson)

We will discuss the possible ways to improve our eating patterns to assist in eating healthier, more nutrient dense foods. We will also examine the effects healthier eating can have on our overall health and how it can assist us in preventing and treating chronic diseases like cardiovascular disease, type 2 diabetes, high blood pressure and cancers. We will also look at how increasing our physical activity or moving more can also improve our overall health and wellness. We will look at different ways to move and how much we should move each day. Better eating and moving more are the two key pillars to living healthier and well in the new year!

Dr. Damaschke's clinical practice has been performing primary musculoskeletal care and prevention, health promotion and wellness within the United States Navy for 20 years. He currently practices at the Rosalind Franklin University Health Clinic performing sports/orthopedic and neurologic physical therapy. Dr. Damaschke is a Board Certified Orthopedic Clinical Specialist through the American Board of Physical Therapy Specialties. He currently serves as the Speaker of the Assembly for the Illinois Physical Therapy Association, is on the Board of Directors, and is an Illinois delegate to the American Physical Therapy Association House of Delegates.

April 19, 2024: History of Racine

Christopher Paulson, Executive Director, Racine Heritage Museum
(coordinated by Don Cress)

Will update when information is received.

May 3, 2024: TBA

May 17, 2024: Get Onboard The Racine County Underground Heritage Tour

Pauline Mitchel

(coordinated by Judith Roehrich)

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Pauline Mitchell conducts a Racine County Underground Railroad excursion, a powerful journey that unearths the harrowing lives, struggles, and sacrifices of those fighting for freedom from the chains of slavery. Experience the courageous path of Joshua Glover and other enslaved individuals as they risked their lives to escape to safety. Discover several unknown landmarks that bear witness to America's cruel history, stark reminders of the atrocities and injustices endured by millions. Brace yourself for eye-opening accounts that challenge your understanding of our nation's past and compel you to take actions toward creating a better future for ALL people. This immersive experience will leave you shaken and enlightened, providing a platform to learn, share, and reflect on many untold stories of the Underground Railroad era precisely here in North America.

Pauline G. Mitchell, earned her B.S. degree in mathematics from Paine College, Augusta, GA followed by a M.A.T. degree from Stanford University in Palo Alto, CA. After teaching mathematics and science in several school districts in Georgia, she and her husband migrated with their family to Racine Wisconsin toward the end of the 1960's Civil Rights Movement.

Mrs. Mitchell, a founding member of the Professional Women's Network for Service, Inc. has conducted several education-related projects, exclusive of the current Underground Railroad Project; and has conducted seminars and delivered presentations at conferences designed to impact viewer awareness of gifts, dignity, belonging, uniqueness, and beauty.

June 14, 2024: 1968 Democratic Convention in Chicago

Prof. Brian Mullgardt, Millikin University
(coordinated by Judith Roehrich)

Will update when information is received.