President’s CORNER  
Dan Neururer

Hello Members,

Like many other organizations, ALL at UW-Parkside has been forced to shut down until further notice. This has required cancellation of all upcoming events, including lectures, classes, trips, the Week of Learning and postponement of the Annual Meeting.

One of the unfortunate aspects of this shutdown has been an inability to properly fund our organization. Trips, classes and other events are in some respects fundraisers. In addition, we have refunded money that was paid in advance for events that have been canceled. But, many of our expenses are fixed and have not stopped and as a result we will end the year at a loss. It is very important for ALL members to continue renewing your annual membership, on their due date. We will be back in business, hopefully in the next month or two, and we want to be able to continue to serve our members, which of course, means we need you to continue as members. Please do not delay your annual membership dues, as the funds are needed more than ever. If you have an email on file your due letter will be emailed to that address the month you are due. We are also happy to accept donations.

You will be notified by email from Vanessa Greco when we can resume our activities.

Thank you for your continued support and we hope to see you soon. Stay safe and stay home.

Daniel Neururer  
ALL President

Our group is only as strong as its membership.

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FROM THE EDITOR:

THE NEW NORMAL

By now, the novel coronavirus is no longer particularly novel — it’s been weeks since schools and non-essential workplaces began to close down, and many of us have settled into what’s become a new normal of social distancing and stay-at-home. In lieu of face-to-face contact, people around the world have developed new ways to stay connected and still have fun, even while adhering to public health guidelines.

From bingeing on Netflix series to celebrating birthdays with family to getting really passionate about baking bread, we’ve compiled some suggestions on how to entertain yourself — and still hang out with your friends — while quarantined.

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GET OUTSIDE - GARDENING SEASON!

While I sit here in the falling snow, it’s hard to imagine a garden full of blooms and veggies. But hopefully by the time you get this the weather will be begging us to go outside. But that creates a new problem...with “stay-at-home” lasting another month, where can we go for our bedding plants?

I already bought (and planted) my early spring flat of pansies from Anton’s Greenhouse — south side of Kenosha on Cooper Road. They are considered a necessary agricultural business since they grow everything themselves. Also, the big box lumberyards (Lowe’s, Menard’s, etc) have already opened their garden centers. AND Wayne’s Daughters Greenhouse, in Caledonia, also rated agricultural, will open for shopping and/or barn-side pickup on April 24th.

FYI - I have 10 yards of mulch coming on the 21st...if anyone needs a recommendation for material or labor, let me know. I found a good price for mulch and I have a great crew of guys that will spread it for me.
Some Ideas for staying safe and social distancing locally

From Carole Scotese, Day Trips co-chair

1. Drive to Lake Michigan and watch the sunrise or the moon rise. Check Google for accurate times.

2. Watch videos or listen to concerts on YouTube. Click here for an EXAMPLE

3. Johnny Carlson interview with Drew Barrymore: Click here for the INTERVIEW

4. Keep Perspective, Be Still, Focus on Relationships, Find Joy, Take Control of your Body, Maintain a Routine, Be Tolerant, Be Creative, Choose your Attitude, Remember the Serenity Prayer, Try to see Opportunities in each new challenge.

5. During the pandemic, local parks are open and free. Here are some you may want to check out and hike their trails: Petrifying Springs, 5555 Seventh St., Kenosha (the oldest and most popular parks in Kenosha), Witnall Park in Franklin is the biggest at 626 acres. In Ozaukee County is Lion’s Den Gorge on Lake Michigan with wide trails at 511 High Bluff Drive in Grafton. In Racine County visit North Beach at 100 Kewaunee St., in downtown Racine. You can walk along the beach or part of the 9.8 mile paved Lake Michigan Pathway (also open to bicycles). In Washington County is Glacier Hills County Park at 1664 Friess Lake Road, Richfield. It has more than 6 miles of trails. Lastly, in Waukesha County is Minooka. It’s the county’s largest park with more than 7 miles of hiking trails.

EDITOR’s NOTE: Since rules change almost daily, be sure to check to see if a park is still open for walkers.

6. Watch this video with your spouse or a friend of the opposite. The title is ‘Are computers male or female?’ Click here for COMPUTERS?

7. If Mary Poppins was living during this time, a famous song would sound a lot like this link. Click Here for “VIRUS”

IT’S THE NEW NORMAL!

Thank you, Carol, for those great ideas...

We all need to support each other!

I’d like to add a few more ideas for getting out and about locally...

Shop Local – We have been hearing that slogan for quite a while and it has now become a necessity. The local papers publish a list of restaurants that are open for pick up and delivery:

Click here for KENOSHA RESTAURANTS
Click here for RACINE RESTAURANTS

The Kenosha Area Convention & Visitor’s Bureau also published a fairly comprehensive list of businesses that are open for business in some manner.

Click here for KENOSHA AREA BUSINESSES

Here’s another idea – To celebrate the return to normalcy (and it WILL come), I’m decorating small rocks to place around when I continue my walking habits with my friends!

I can’t tell you how happy I was to spot my first rock recently! For those of us who are artistically challenged, there’s a couple of simple ways to do it. And, you can even try a video chat with the grand kids when you do this!

1. Buy some cheap brightly colored nail polish at the pharmacy or the dollar store (both are still essential businesses) and see what you come up with.

2. I heard about this one somewhere... Line a pan with tin foil and heat your rocks in the oven. The sprinkle shaved crayons over them. The crayons will melt and create a colorful weather resistant surface!

For more info go to KENOSHA ROCKS on Facebook.
Now Here’s the Real Deal

Life right now is almost totally online and staying connected is important～!

I have always enjoyed searching the internet for interesting stuff...and I’ve used this opportunity to compile some lists of things to do.

You may already know about some of the sites I’m listing, but some should be new, so I hope you enjoy!

STAYING CONNECTED

While you can’t celebrate birthdays or throw parties in person, you can use video chatting platforms like Zoom (zoom.us) to connect with your friends in groups. I actually had four ZOOM meetings just last week and am now a huge fan! It’s easy to use (I figured it out!) and much more enjoyable than Skype or Facetime because you can connect with more than one person at a time, and I find conversation is much livelier that way.

Click here for ZOOM: You don’t need a Zoom account to join a meeting, but you do need one to create a meeting and invite others, so you’ll need to create an account if you don’t have one already.

For a quick Zoom primer, I recommend installing the Zoom app on your tablet, laptop or computer, especially for hosting. It gives you more freedom to access your phone, especially if you need to text or call a guest who’s joining the party late and needs an access link or code. Also, you will probably enjoy your get-together if you limit the number of people you invite to 8 or 9 at most. Easier to “converse”.

There are also other services like Google Hangouts, which lets you video chat with friends using your Google account. Houseparty, another video chatting app popular with teenagers allows you to connect with people and play games in-app.

FACEBOOK users:

GROUPS are where the fun is at!

I’ve used Facebook to connect to family and friends for a while, but have become a fan of Facebook Groups! As a ceramic artist, I’ve joined several truly wonderful (and in some cases, high level) pottery groups, which have become a continual source of enjoyment, learning and new ideas for me. I’m also a member of Hoy Audobon Society, Wild Birds of Wisconsin, Wild Blooms, and a host of others.

Groups can be found in the Facebook menu. Just click on the Groups icon and search for whatever interests you! Nature, cooking, art, rummage sales, philosophy, woodworking, whatever — you can find local or international groups of people who are interested in sharing.

Case in point:

There’s a group called “View from my Window”. It’s DELIGHTFUL! People from all over the globe post a view from their window with a short sentence about where they are located and what the view might be.

Easter morning, the sun is shining in our small and beautiful village Zwammerdam in the Green Heart of Holland. Our view from our window makes me smile and gives me hope in this strange situation in our world! I enjoy all of your different beautiful window views, hope I can give you a little smile with mine. #stayhome #stayhealthy #staysafe — in Zwammerdam.

What a great way to see the world with no politics, no agenda, no stress!

Anyway, I’m having fun with the Facebook Groups.

Dou you like to write or journal?

The COVID-19 pandemic has a lot of people saying we’re living in an unprecedented time. It would be interesting for future generations to hear what great- grandma or grandpa had to say. What are your thoughts? Write about it. We’d love to print some of your insights, stories, anecdotes, poems, etc. in one of our future APB newsletters!
IT’S A VIRTUAL WORLD

Still eager for stuff to do and places to go?

As “social distancing” becomes a household norm, more of us have halted our travel plans and are staying home in an effort to flatten the curve.

But, if you have a travel itch you just can’t scratch, here’s some good news: There are tons of tourist attractions – from palaces and art museums to zoos and aquariums – that you can visit virtually, from the comfort of home for free!

Hannah Chubb of People Magazine compiled a wonderful list a couple of weeks ago which is broken down by categories. I summarized their picks below, but click on the link if you want to know more.

Click on **PEOPLE’S PICKS**

Scroll through to find what you want and there will be ACTIVE LINKS under each listing that will take you to highlighted pages.

MUSEUMS

**American Museum of Natural History:** Explore three virtual exhibits at this New York City institution.

**Armory Art Center:** Explore a virtual gallery tour of this Florida art center’s 2020 All Artists Show.

**The Art Institute of Chicago:** Offers a large catalog of pieces for virtual viewing.

**The British Museum:** Check out ancient mummies, the Rosetta Stone and so much more.

**Detroit Institute of Arts:** This art museum has four different online exhibits, including two focused on feminist icon Frida Kahlo.

**Georgia O’Keeffe Museum:** Explore six virtual exhibits preserving Georgia O’Keeffe’s artistic legacy.

**High Museum of Art:** Explore four exhibits at this Atlanta museum.

**Hockey Hall of Fame:** Learn about hockey’s finest players, moments and artifacts with a 3-D tour of this Toronto museum.

**Getty Museum:** Travel through two different virtual exhibits from this Los Angeles landmark.

**The Guggenheim:** The entire art collection is online for viewing from this New York City art museum.

**The Louvre:** Take a quick trip to Paris with virtual tours of three stunning exhibits.

**Metropolitan Museum of Art:** Take a 360 degree peek behind the scenes of The Costume Institute Conversation Lab (the world’s largest costume collection).

**Michigan Science Center:** Curious minds of all ages can enjoy a virtual tour of this science center.

**MoMA (The Museum of Modern Art):** Take a virtual tour of the work of Swiss artist Sophie Taeuber-Arp.

**Museum of Fine Arts, Boston:** Embrace your artistic side with 16 virtual exhibits.

**National Historic Museum of Chile:** Learn about the history and culture of the South American country of Chile with a 360 degree tour of this Santiago museum.

**National Portrait Gallery:** Take an audio-guided virtual tour through this historic art gallery with **Smartify, an app that has partnered with museums worldwide.**

*Smartify has currently made all of their museum audio tours free to the public, including the Louvre, the Met and the Royal Academy.*

**Smithsonian:** Explore a self-guided tour of the D.C. museum’s National Museum of Natural History.

**Van Gogh Museum:** The largest collection of Van Gogh art is located here in Amsterdam, and you can explore it with a 360 degree virtual tour.

**The Vatican Museum:** Explore the New Wing, Sistine Chapel and more with 360 degree virtual tours.

AQUARIUMS & ZOO

**Atlanta Zoo:** This Georgia institution has a dedicated panda cam sure to put a smile your face!

**Cincinnati Zoo:** This zoo is hosting “Home Safari Facebook Lives” showcasing one of their animals and fun, educational activities to do at home. Pull up the zoo’s Facebook page every day at 3 p.m. EST.
Daniel Botelho IGTV: Go no-cage diving with Great White Sharks on National Geographic IGTV channel.

Georgia Aquarium: Look under the sea with live cams of beluga whales, African penguins, jellyfish and more.

Houston Zoo: Webcams focus on gorillas, giraffes, rhinos, elephants, leafcutter ants and more.

Loggerhead Marinelife Center: Monday - Friday this Florida marine center will stream live from the sea turtle hospital and teach about ocean conservation.

Monterey Bay Aquarium: Dive under water with live-streams of sharks, sea otters, jellyfish, and turtles.

National Aquarium in Baltimore: Explore winding, sea life-filled floors with this virtual tour.

New England Aquarium: This Boston aquarium is offering animal feedings, tours and behind-the-scenes content on their Facebook Live.

Ocean Ramsey IGTV: This diving expert swam with one of the largest Great Whites ever recorded. Share her adventures on her IGTV channel.

Oregon Zoo: This zoo is sharing daily video updates on their Facebook page of different animals during their temporary closure.

San Diego Zoo: This zoo has live cams monitoring furry and feathered friends, including penguins, pandas, koalas and elephants.

INTERNATIONAL LANDMARKS

Buckingham Palace, England: Visit Buckingham Palace thanks to the official Royal website, which offers a virtual tour of the Queen’s official residence.

Doge’s Palace, Italy: Google Arts and Culture offers a virtual tour of one of Venice’s this 14th century palace.

Easter Island: Explore this Chilean territory, full of artistic and architectural treasures – with Chile 360, a free app for use on your phone or paired with VR glasses.

Galapagos Islands: Guided video tour of the incredible wildlife and culture of the Galapagos with National Geographic Expeditions.

Great Barrier Reef, Australia: Swim your way through the Great Barrier Reef with the aid of David Attenborough videos and an educational, interactive map.

Great Wall of China: Take a virtual tour of one of the Seven Wonders of the World with The China Guide and explore its most visited sections. Hang Son Doong.

Vietnam: A National Geographic 360 degree adventure through the world’s largest cave, located in Vietnam.

Johnson Space Center, USA: Boeing and Discovery Education take viewers on a virtual field trip through this innovative, Houston-based space center.

National Parks, USA: 113 virtual tours of National Park Service locations are available on Google Arts and Culture, including Yellowstone National Park, Kenai Fjords National Park (for an icy adventure) and Hawaii Volcanoes National Park (for lots of lava).

NYC Street Art Murals, USA: Virtual tour explores nine unique street art murals across New York City.

Tower Bridge, England: Explore this famous London bridge virtually (by boat!).

White House, USA: No need to look your best for this trip to the White House in Washington, D.C.! Google Arts and Culture has virtual tours of several of the presidential spaces.

The Gardens of Versailles, France: Choose your own adventure and virtually explore the famously over-the-top royal gardens of King Louis XIV.

THEATER, FILMS, SYMPHONIES & OPERA

BroadwayHD: Known for streaming Broadway shows such as Cats, Kinky Boots and Phantom of the Opera straight from New York and London for years – but they’re currently offering a one week free trial before their $8.99 monthly subscription fee kicks in.

Chamber Music Society of Lincoln Center: New York-based ensemble streams several recorded performances.

Melbourne Symphony Orchestra: Live streamed performances. The shows will then be saved to the Youtube channel for later viewing.

Metropolitan Opera: Every night at 7:30 EST, New York City’s Metropolitan Opera will be streaming a Live in HD viewing of an opera performance, which will then be viewable for 20 hours.

OperaVision: Free streaming recorded opera performances from famous opera houses across Europe and beyond, including the Royal Swedish Opera, Teatro dell’Opera di Roma and National Theatre Prague.

Philadelphia Orchestra: Conducted by Yannick Nezet-Seguin, performances will be live streamed on their Facebook page, which will then save for later viewing.

The Rossini Opera Festival: This yearly festival, based in Pesaro, Italy, celebrates opera composer Gioachino Rossini, who called Pesaro home. They are currently streaming one previously-recorded opera a day for free.
It’s a wrap.

I thought everyone might appreciate this interesting explanation of why we’re all feeling the way we are. (Sent to me by a college chum. Author unknown.)

Some of the RULES – as of today:

1. Basically, you can’t leave the house for any reason, but if you have to, then you can.
2. Masks are useless, but maybe you have to wear one so it can save you. It’s probably useless, but it maybe mandatory as well.
3. Stores are closed...except those that are open.
4. You should not go to hospitals unless you have to go there. Same applies to doctors. You can go there in case of emergency, only if you are not too sick.
5. Gloves won’t do any good, but they still might help.
6. Everyone needs to STAY HOME, but it’s also important to GO OUT.
7. There is no shortage of groceries. But there are many things missing when you shop in the evening, but not in the morning. Sometimes.
8. The virus has no effect on children except sometimes.
9. You can have many symptoms when you are sick, but you can also get sick without symptoms, have symptoms without being sick, or be contagious without having symptoms. Oh, my...
10. In order not to get sick, you have to eat well and exercise, but eat whatever you have on hand and it’s better not to go out, well, but no…
11. You can’t go to retirement homes, but you have to take care of the elderly, bring food, medication.
12. If you are sick, you can’t go out...except you can go to the pharmacy.
13. You can get restaurant food delivered, which may have been prepared by people who didn’t wear masks or gloves. But you should have groceries decontaminated outside for 3 hours. Pizza too?
14. You can walk around with a friend but not with your family if they don’t live under the same roof.
15. You are safe if you maintain the appropriate social distance, but you can’t go out with friends or strangers at the safe social distance.
16. The virus remains active on different surfaces for two hours, no, four, no, six, no, we didn’t say hours, maybe days? But it takes a damp environment. Oh no, not necessarily.
17. We should stay locked up until the virus disappears, but it will only disappear if we achieve collective immunity, so when it circulates... but we must no longer be locked up for that?

Stay safe, ALL.

So, that’s my take on how to keep busy...

Who knows when we’ll be back to normal...So, send in some of your ideas too...It might make a nice column in future APB newsletters.

And, I’d love to hear from you!

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