ADVENTURES IN LIFELONG LEARNING Tallent Hall, 900 Wood Road, Box 2000, Kenosha WI 53141-2000 ALL office: 262-595-2793

For the over 50 crowd

Wednesday, November 8, 2017 1-3 PM in Tallent 182

Neuropsychologist Dr. Michelle Braun recently wrote a note to us saying: I enjoyed presenting the "Boost Your Brain" lecture to the ALL audience in 2014. Your group was very engaged and interested in brain health, and I enjoyed answering your very informed questions. Since then, I have started writing a book on brain health for the 50+ demographic and want to ensure that I am messaging the book in the most effective way so it will be valued by readers, and thought that informed feedback from your members would be very helpful.

I'd love to share some updated research on brain health with you. And I'd like to conduct an informal focus group to get your members' opinions on how best to shape my book so it most effectively addresses concerns about memory and brain health.

I'll also give members an option to sign up for a <u>free</u> copy of the book when it is published.



Questions? Contact Patti Gross, 262-658-8849 or patriciagross368@yahoo.com

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Brain Health \Box Member Cost \$ 5 \Box Guest Cost \$ 10 Registration deadline: Nov 1, 2017

Name		Check #	_
Phone	Email		
Emergency contact name & phone			_

Deliver **cash** registration to the ALL office in Tallent Hall. **Checks** payable to UW Parkside/ALL; deliver or mail to Vanessa. **Credit card** registration for members <u>must be</u> submitted online; an email with a member registration **LINK** will be sent around the 1st Monday each month. NO online credit card registrations can be accepted for guests. As registrations fill, members get preference in signing up.

Dr. Michelle Braun is a board-certified neuropsychologist specializing in neuropsychological assessment, geropsychology, decisional capacity assessment, and behavioral medicine.

She completed her internship at Yale University School of Medicine, and postdoctoral fellowship at the Boston VA/Harvard Medical School, after earning her doctoral degree in Clinical Psychology and minor in Neuroscience from the University of Wisconsin-Milwaukee.



Dr. Braun previously served as the Assistant Director of Inpatient Mental Health and Lead Inpatient Psychologist at the Boston VA, and as Instructor of Psychiatry at Harvard Medical School.

Dr. Braun was featured in a PBS special on brain health, and has appeared on Fox news and as a contributor to radio and other media, discussing Alzheimer's disease and brain health. In 2008, the Alzheimer's Association of Southeastern Wisconsin honored Dr. Braun with a Practitioner of the Year Award for her work with individuals with dementia.

Dr. Braun serves on the Scientific and Advisory Panel of the Southeastern Wisconsin Alzheimer's Association and the Board of Directors of the American Academy of Clinical Neuropsychology, and previously served on the Board of Directors for the Wisconsin Psychological Association.

Dr. Braun has dozens of peer-reviewed publications and presentations in national forums and journals. She was honored to be named to the "40 Under 40" class of 2013 by the Milwaukee Business Journal, and was the recipient of the 2013 Early Career Psychologist Award from the Milwaukee Area Psychological Association, and the 2013 Runkel Award in Psychology from Carroll University.



Dr. Braun enjoys motivating others to improve brain health by translating research into engaging strategies that help improve memory and daily life.