NOTE FROM THE ALL OFFICE:

Please remember Adventures in Lifelong Learning depends on its members to survive and be successful. The way our organization makes money to pay for its expenses is through your yearly membership, classes and trips! So please keep spreading the word about our great program. Also consider engaging your friends or fellow retirees in a group excursion. We need your help to continue being the adventurous group of active senior citizens that we have always been! You can also access all events on our website: https://www.uwp.edu/connect/friends/all.cfm, then choose Classes, Daytrips to register online.

Parking Permits (<- click here for the flyer) must be displayed in your vehicle when parked in any UWP lot. Please purchase those passes from the ALL office. Day parking passes are available for $5 OR you can purchase an annual pass for $50.

MESSAGE FROM THE ALL PRESIDENT:

Warm autumn greetings to our ALL membership, and, as always, thanks to our hard-working ALL committee and focus group volunteers!

“According to an in-depth report on aging and health from the World Health Organization, social connectedness is a key that enables older adults to age more successfully. Staying socially connected may result in positive health benefits, including:

- Disease prevention
- Lower rates of anxiety
- Stronger immune system
- And improved cognitive function.”

The Value of Social Connectedness for Older Adults – Fitbit Health Solutions

Adventures in Lifelong Learning offers many ways for us to connect. They include:

- Our Adventures in Lifelong Learning Facebook Group, which now has 86 members and many beautiful photos of recent day trips
- Virtual lectures, which allow you to engage at whichever level you desire, from simply watching and listening to commenting and asking questions
- Focus groups, which are an awesome way to find “your people”!
- Classes, trips, and social events, which always enable us to expand our horizons and share good conversation

We continue to offer many in person and virtual options to suit your individual schedule and health and mobility situation.

Remember: “Do not wait for the perfect time and place to enter, for you are already onstage.” — Unknown

COMMITTEE REPORTS

CLASS COMMITTEE

Merrilee Unrath: mleeu@wi.rr.com or Mary Ann Cassani: maryann.cassani@att.net

As always we have interesting classes scheduled through year end. We will have our heads in the clouds as we study Celestial Navigation, and then put our feet on the ground as we learn about Reflexology. A timely class on Redistricting is scheduled for the week before mid term elections and we are going to learn about Street Art and have...
Upcoming classes: In 2023 we will return to Egypt again with Peter Chiappori, go to the Philippines, and hope to understand the mechanisms of inflation in addition to numerous other classes that are in the works.

We appreciate those who have attended our classes and are hoping those who have yet to take part in them will consider signing up for a few of the great ones we have lined up. Income from classes (and trips) is a key part of the revenue that is needed to sustain the ALL organization and keep us going.

PLEASE NOTE: The university parking shuttles are no longer running, and there is no plan at this time to resume offering that service to students or guests on campus.

Due to the parking situation on campus and a lack of a shuttle option, it is our plan to offer most classes in rooms at Tallent Hall where there is ample parking near the entrance. During times the campus is not in full session we may occasionally use rooms in the main buildings.

The rooms at Tallent Hall are smaller in size so there will be a 30 capacity limit for in-person attendance. Virtual enrollment is unlimited.

At the time you are registering for a hybrid option class you will be given a choice for in-person or virtual. Once in-person room capacities are reached all enrollment after will be automatically virtual. There will be no in-person walk-ins allowed.

If you have questions with regard to the above class guidelines please contact Merrilee Unrath at (262) 694-7424 or Mary Ann Cassani at (815) 409-1807.

As always, the committee welcomes anyone that would like to join our committee. Contact co-chairs Marylee Unrath mileu@wi.rr.com or Mary Ann Cassani, maryann.cassani@att.net.

You can now send us suggestions through our webpage, go to the ALL website and scroll down to Suggest a topic or use this form (Suggest A Topic). Choose the specific category so your request will be sent to the correct group.

FOCUS GROUP INFO

ALL-A-BLOOM
Dawn Feldman-Brown, Coordinator
pdfbrown@yahoo.com, 262–694–1748
JoAnn Shea, Coordinator
joaz44@hotmail.com, 262–554–8081

We usually meet the 3rd Wednesday of the month at 10 am from April until September unless mentioned otherwise.

Final Event: October 12- Randy Potter’s Garden, 5213 79th Street, Kenosha, WI. Visit of garden and year end discussion and fun!

To be put on the email list for 2023 ALL-A-BLOOM events please email Dawn Feldman-Brown at the email above.

ALL Books All the Time
Nancy Barda: barda3989@gmail.com

Our group normally meets via Zoom the fourth Wednesday of every month at 1 pm. The book selections are determined by the group and alternate between fiction and nonfiction.

The next meeting is going to be on Wednesday, 10/26/22, at 1 pm.

- October 26th (Non Fiction) Palaces for the People by Eric Klinumbers
- November 30th (Fiction) The Midnight Library by Matt Haig
- December 14th (Non Fiction) Dinner with Ruth by Nina Totenberg
- Possibly for January The Guest Room and Midwives by Chris Bohjalian
- Future dates: October 26, November 23, December 28.

Everyone is welcome to join us. Contact Nancy at the information listed above to join the mailing list and receive
New Guidelines for Day Trips for 2022
The Day Trip committee compiled these guidelines from the results of our survey Feb. 2022. They are subject to change as COVID conditions change.

1. Wearing masks on a coach bus will be individual choice. Gratuity is built into meals costs, but the bus driver tip is separate. Two dollars is customary, more if you feel the driver deserves it.
2. If you test positive for COVID or have been exposed to someone who has COVID within 14 days before a trip you've signed up for, ALL will return your money, less $5 office fees.
3. In Wisconsin and Illinois, we will be dining indoors during cold months, but seeking outdoor options for other seasons.
4. If wearing masks, proof of vaccine, or recent COVID testing is required by venues, you will comply. We will put that information on our flyers and update it in the trip reminder emails.

**NOTE:** Since the pandemic shutdowns, the nation has experienced price increases. We have encountered those same price increases when booking trips for 2022. Please know we are always conscious of the cost, and we look for ways to make trips affordable. We look forward to seeing you on a coach bus, to take part in an adventure, soon!

**Completed Trips:**
**July 20, 2022.** We had 33 attend this self-drive trip to Birchwood Grill in Kenosha for a buffet lunch and to Tempel Farms in IL to see the Lipizzan Stallions Dance. The lunch was delightful, and people enjoyed seeing the horses perform ballet. Doreen DeCesaro led. [Click here to be directed to the ALL website to see photos.]
**Aug 9, 2022.** 29 people attended a bus trip to Milton, WI to see The Milton House Museum, coach stop and Underground Railroad site, with lunch at Citrus Café. We also toured the Wisconsin Wagon Co. in Janesville. Peggy Walker led. [Click here to be directed to the ALL website to see photos.]
**Aug 17, 2022.** A bus trip to Lake Geneva Inn took 29 people for an elegant dinner and then to the Belfry Music Theater in Delavan to see the Carole King Tribute concert. Michelle Foster did an excellent job recreating King's hits. Tricia Frost led. [Click here to be directed to the ALL website to see photos.]

**Social Bridge:**
The bridge group meets at UW-Parkside, Tallent Hall break room on **Thursdays at 1:30 pm.**

**Duplicate Bridge:**
The duplicate group meets on the second and fourth Wednesday from 1 – 3:30 in the Tallent Hall break room.

You are all invited to participate independent of your skill level. Our group is expanding, so the first 11 to respond to the email request Patti sends out, get to play.

Everyone is welcome to join. Contact Patti at the email above for more information.

**CURRENT AFFAIRS**
**Jeff Timm:**
[jeff@timmconsulting.net]

The ALL Current Affairs group has returned to in-person discussions. The next meeting is on Monday, October 17, 2022 and will continuing monthly on the 3rd Monday at 12pm. We meet in Tallent Hall, Orchard Room, 12:00 -1:30 PM.

The moderated lively group is open to ALL members and covers primarily discussions on current affairs loosely grouped into three categories:
(1) items of LOCAL (Racine/Kenosha) interest
(2) items of STATE (Wisconsin) interests
(3) items of NATIONAL interest.

We occasionally branch out to topics of global/international interest but these tend to be less frequent and only if attendees have a passion surrounding the topic. We also occasionally have members give verbal presentations on broad items of interest. For example past verbal presentations included the Foxconn project, Social Security, and union membership demographics.

Our goal is simply not to regurgitate the list of books.
Sept 21, 2022. What fun 48 people had on this bus trip to see the Brewers VS NY Mets baseball game. The Johnsonville Party Deck with stadium seating was a new way to watch the game and enjoy a buffet meal. Afterwards, we did the ‘Senior Stroll’, a parade around the outfield warning track. Doreen DeCesaro and Carole Scotese led. See photos on the ALL website - Flicker link.

Sept 29, 2022. We had a sold-out bus of 56 people head to Chicago’s Lyric Opera House to see “Fiddler on the Roof”, with lunch at Rivers Restaurant. We experienced a “Fiddler” like no other, with the power of the Lyric Opera orchestra and a production that brought us to the very heart of the village of Aratevka. Frances Kavenik led.

Upcoming Planned Trips:
- Oct 7, 2022, Friday: Self-drive to MSO Prelude Series #1 for Aaron Diehl Returns. Concert from 11:15 am to 1:30 pm. Self-drive to newly-renovated Bradley Theatre. Nancy Barda to lead.
- Oct 18 OR Oct 25, 2022, Tuesday: Self-drive to Kenosha’s teaching kitchen at Dakini Healing Arts Studio for an Authentic Palestinian Lunch, from 1 – 3 pm. Narmeen Salem will prepare appetizers, entrees, and a dessert. Flyer in September emailing. Debbie Wiersum to lead. This trip is FULL please email or call the office to be added to the waitlist.
- Nov 11, 2022, Friday: Self-drive to MSO Prelude Series # 2 for Fresh Air & Beethoven’s Eroica. Concert from 11:15 am to 1:30 pm. Nancy Barda to lead.
- Nov 13, 2022, Sunday: Self-drive to Kenosha's Carthage College’s Siebert Chapel to see the 3 pm performance of “HAIR”, a love-rock musical that debuted on Broadway in 1968. Lunch at Stella’s Casa Capri in Kenosha preceding the show at 12:30 pm. Look for the flyer in early October. Frances Kavenik and Doreen DeCesaro to lead.
- Nov 29 – Dec 2, 2022, (Date to be determined): Self-drive to see the Gallery of Trees at Anderson Art Center in Kenosha. We might have an early dinner at the Boathouse in Kenosha and then see the decorated trees from 4 to 6 pm. Flyer out in early November. Debbie Wiersum to lead.

NOTE: Day Trips will not be scheduling anything for January 2023 due to

days news feed but to learn the who, what, why, where and how it fits into our daily lives, understandings and actions.

Our group takes pride in making all participant contributory views welcome with the intent to learn multiple views and see different sides of the issues on each topic discussed.

If you are new to ALL or this group and/or just curious about what the group is all about come, sit and listen. Participation is encouraged but up to you!

I hope to see many of you at future discussions. Everyone is welcome to join us. Contact Jeff Timm to join the mailing list and to begin receiving the topics. jeff@timmconsulting.net, 262-880-7353

GREAT BOOKS
Doris Nice, Coordinator dorisnice101@gmail.com, 262–694–2650

We welcome those interested to join us on the fourth Monday of each month from 10-11:30 am. We are currently meeting on Zoom. The upcoming meeting dates are: September 26, October 24 and November 28.

The Great Books focus group is reading from “Great Conversations 2” from the Great Books Foundation. In September and October, we will discuss “Distributive Justice” by John Rawls and “Guests of the Nation” by Frank O’Connor. We always have thoughtful discussions using the text to deepen our understanding of the ideas presented.

For more information or to join contact: Doris Nice, dorisnice101@gmail.com.

GREAT DECISIONS
Shelly Underhill, Coordinator shelly.b.underhill@gmail.com 414–303–4264

It is time to organize now for the next season of Great Decisions. The Great Decisions program is a discussion program designed to encourage study and discussion about important global foreign policy challenges faced by the U.S. It is sponsored by the Foreign Policy Association, a non-profit organization founded in 1918 and dedicated to
LECTURE SERIES
Meredith Clubb: docswife28@hotmail.com

Lectures will continue to be held @ 2 P.M. on the first and third Mondays.
See the full schedule online at: Lectures.

- Oct 3. "A Virtual Tour of the UWM College of Nursing Historical Galleries", Dr. Laurie K. Glass, RN, PhD, FAAN.
- Nov 7. “Knee and Hip Problems in the Elderly”, Dr. Slimak
- Nov 21. “Travelogue: Alaska”, Larry Gregg, ALL Member, Lecture Committee Co-Chair

A special thanks to Larry Gregg for serving as Co-chairman of the Lecture Committee for the last 6 years and putting together the Lecture Schedule that is mailed out to the members. He is resigning as Co-chair but we are thankful that he will remain on the committee.

Recordings of past Lectures can be accessed online at: https://www.uwp.edu/connect/friends/all_lectures.cfm, scroll to the bottom and choose the date you want to view.

Any ideas for speakers or topics of interest can now be sent through a tool on our website: go to the ALL website and scroll down to Suggest a topic or use this form (Suggest A Topic). Choose the specific category so your request will be sent to the correct group.

VIRTUAL FORMAT:
The lecture will continue to be virtual through Zoom at this time.

Each lecture will be announced the Thursday before and then the morning of with the link for easy viewing access.

HIKING GROUP
Nancy Barda, Coordinator barda3989@gmail.com

For September and October we will be hiking a few different places; see below. We still meet at 9:30 at the parks.

- Oct 6 Pike River North (same)
- Oct 13 Lake Geneva
- Oct 20 Petrified Springs Park (same)
- Oct 27 Oak Leaf Trail in Franklin

To be included on the email list, contact Nancy Barda at: barda3989@gmail.com.

Non Fiction BOOK
Welcome to our NEW members:

July:
Macht, Margaret, Wirch, Bob

August:
Egan, Heather, Firebaugh, Joyce Jansen, Julie

September:
Ade, Karen, Buckley, Cheryl, Carter, Kirsten, Franco, Jennifer, Franco, John, Phetteplace, Thad, Plous, Helen, Plous, John

ALL members know how much this organization has touched our lives by providing intellectual growth and social connection. Through several decades, dedicated ALL volunteers have continued to provide a wide array of enriching activities that gently consider our physical challenges as our minds and hearts remain open to new experiences.

Part of our stage of life is estate planning. Of course, provisions for loved ones should be our first priority, but if you are able, please, also, consider a bequest to ALL to enable it to serve seniors for years to come.

If you have any questions on this matter please contact the ALL office at 262-595-2793.

POETRY
Ron Story, Coordinator ronstory45@gmail.com

In September, the Poetry Focus Group will begin reading The Carrying by Ada Limon, the new Poet Laureate of the United States. Members volunteer to read and lead a discussion about the individual poems in the book. We meet the second Monday of each month, 10-11:30 am online via Zoom.

New members are certainly welcome. They should contact Ron at ronstory45@gmail.com for further information.

PUBLICITY
Judy Reynolds, Coordinator reynojud@icloud.com

The Publicity Committee continues to publicize our lectures in the local media. We shared our resources at Harbor Market on two Saturdays this summer. Thanks to our members who spread the word to prospective members and other
and details. I also want to acknowledge those who generously helped on the serving line; Karen Kempinen Debbie Wiersum, Tricia Frost, Nat Cycenas. A big thank you to Patti Gross and Vera Schalk for helping at the registration table. Many thank you to all the members who baked awesome cookies: Debbie w., Nat C., Karen K., Shelly U., Tricia F., Patti G., everyone looks forward to your goodies every year.

SAVE the DATE !!!
ALL’S Holiday GALA- Monday December 5th, 2022!!! Watch for the flyer in October- You won’t want to miss this festive event!!

UPCOMING CALENDARS
Click here to view the calendars for October, November and December 2022

IN LOVING MEMORY
OF
Mary Carrington, Mary was one of the founding members of ALL along with many other programs across the Racine area. Mary dedicated her life to education, government and her love of animals and flowers. Click to view her obituary: https://www.legacy.com/us/obituaries/journtimes/name/mary-carrington-obituary?id=36605188

Please forward any information to be listed to the ALL office: LifelongLearning@uwp.edu

ALL is a wonderful organization of people who love to learn and do new things. KEEP OUR MEMBERSHIP VITAL AND GROWING...please send in your dues as soon as they are due. If you are not receiving the notice please contact the ALL Office.

CLICK HERE – Visit THE ADVENTURES IN LIFELONG LEARNING website

Vanessa Moravec– Adventures In Lifelong Learning (ALL)