SAVE THE DATE Biometric Health Screening



Discover your numbers

A free health screening* event has been scheduled at UW-Parkside in the University Ballroom for employees (and spouses) who are enrolled in the State of Wisconsin Group Health Insurance Program.

At an onsite screening, you'll learn your measurements for blood pressure, body mass index (BMI), cholesterol (HDL, LDL and total), triglycerides and glucose, and be in and out in 20 minutes. *Be on the lookout, more to come!*

DATE: April 24, 2023

TIME: 8:30 AM – 1:30 PM

LOCATION: UW-Parkside

ROOM: University Ballroom

Register at **webmdhealth.com/wellwisconsin** by clicking *Get Started* on the Biometric Screening card. **SEARCH ZIP CODE:** <u>53141</u>

Earn your \$150 Well Wisconsin Incentive*

A health screening is one way to complete your health check! Do this, along with the health assessment and well-being activity, by October 13, 2023 to earn the \$150* Well Wisconsin incentive. For more information visit webmdhealth.com/wellwisconsin.

^{*}The Well Wisconsin incentive program is a voluntary program available to employees, retirees and spouses enrolled in the State of Wisconsin Group Health Insurance Program, excluding Medicare Advantage participants who have incentives available through their health plan. The Well Wisconsin incentive will automatically be issued to eligible participants upon completing the applicable activities. All wellness incentives paid to participants are considered taxable income to the group health plan subscriber and are reported to their employer, who will issue a W2. In some cases, the Wisconsin Retirement System acts as the employer. Retirees, continuants and their spouses will have some taxes withheld from the incentive amount earned.