

LAURIE ANDRIES, M.A.

For over 15 years, Laurie Andries, M.A. has provided training and facilitation in both Seattle and Minneapolis. Her collaborative style engages audiences and facilitates effective small group interactions. Being relatable is paramount for Laurie. Her positive, empathic demeanor puts participants at ease, especially when combined with her sense of humor and story telling. She encourages inspiration through fresh perspectives.

When designing a training experience, Laurie seeks relevance by incorporating real-world scenarios, which affect attendees' personal and professional lives. Throughout her sessions, practical strategies and communication skills are imparted.

Laurie is a Marriage and Family Therapist with ten years of clinical experience working in community mental health and private practice. She holds a Bachelor of Arts degree in Psychology from the College of St. Catherine in St. Paul, Minnesota, and a Master of Arts degree in Marriage and Family Therapy from Pacific Lutheran University in Tacoma, Washington.

Work-life balance for Laurie involves driving a tractor and riding horses on her hobby farm. Laurie resides with her husband of over twenty-five years and their three children.

