

RANGER RUN

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THANK YOU FOR PARTICIPATING IN THE RANGER RUN! Here are instructions to help you complete your run and make an impact on Parkside Day 2022.

RACE OPTIONS

5K | 10K | Ranger Fun Run
(Ranger Fun Run instructions on the back)

HERE'S HOW IT WORKS

CHOOSE WHEN AND WHERE you run, walk, jog, or scavenge. Recommended participation anytime between April 1-7 to help build momentum leading up to Parkside Day 2022.

GEAR UP and wear your Parkside Green. Prizes available for the run outfit that shows the most Ranger Spirit.

WHY IS THE RANGER RUN IMPORTANT?

Get ready for Parkside Day, get out there, and make an impact on UW-Parkside student success. Whether you are a serious runner or looking for a great outdoor activity for your family this spring, the Ranger Run is perfect for everyone.

Ranger Run proceeds benefit the Future Focus Fund (providing vital support to UW-Parkside students facing financial challenges) and other UW-Parkside programs. Your participation helps students have meaningful experiences at UW-Parkside and ultimately complete their degrees.

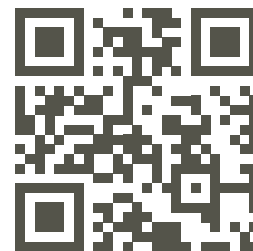
RANGER RUN 5K AND 10K

5K Ranger Run (3.1 miles) | 10K Ranger Run (6.2 miles)

TAKE A SELFIE before or after you run with your Ranger Bear medal. Share your Ranger Run image(s) using **#ParksideDay** and **#ParksideRuns**. You can also upload your photo at uwp.edu/ranger-run.

SHARE YOUR TESTIMONIAL with us about why you are running to support students on Parkside Day. Upload a video testimonial or share a quote online at uwp.edu/ranger-run.

UPLOAD YOUR FINISHER'S TIME at uwp.edu/ranger-run.



PRIZES AVAILABLE

5K ADULT WINNER
5K STUDENT WINNER
5K YOUTH WINNER

10K ADULT WINNER
10K STUDENT WINNER

BEST RANGER SPIRIT
TOP RANGER RAISER
Sign up to be an advocate for the Ranger Run and raise funds for student scholarships

To be eligible, race times must be uploaded and photos must be shared by April 9 11:59 pm CST. All winners will be announced via UW-Parkside's Facebook and Instagram accounts. Winners will be notified by email on April 11th.