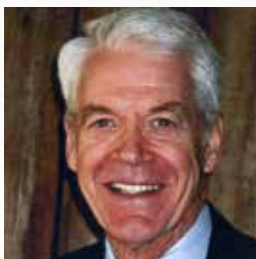


SCIENCE NIGHT

PREVENT AND REVERSE HEART DISEASE

What do Samuel L. Jackson, Michelle Pfeiffer, and President Bill Clinton all have in common? The answer may surprise you. Each one of these people, as well as many others, has drastically improved their health with the help of **Dr.**



Caldwell Esselstyn's nutritional recommendations. Join us as Dr. Esselstyn, author of *Prevent and Reverse Heart Disease*, teaches us to do the impossible to prevent and reverse heart disease. His work has earned him many accolades, but his passion is to educate others on how to keep hearts healthy, and live long lives. He has been able to achieve what was once thought unthinkable and reverse heart disease.

Dr. Esselstyn presently directs the cardiovascular prevention and reversal program at The Cleveland Clinic Wellness Institute. He is a graduate of Yale University and Western Reserve University School of Medicine. Following his medical school graduation and surgical residency, he served as an Army Surgeon in Vietnam where he was awarded a Bronze Star. Upon his return, Dr. Esselstyn joined the Cleveland Clinic where he chaired the clinic's Breast Cancer task force, headed its division on thyroid and parathyroid surgery, and most recently he is committed to research and clinical strategies to prevent and reverse heart disease.

WEDNESDAY, MARCH 16, 2016
7-8 PM | STUDENT CENTER CINEMA

Free parking after 6:30 pm
Everyone is invited - Refreshments provided

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