AGENDA

REGISTRATION, REFRESHMENTS, EXHIBITOR VISITS
7:00

WELCOME ADDRESS
8:00

KEYNOTE | Impact of Housing and Social Determinants of Health | Janet Hunko, LMSW
8:15

BREAK AND EXHIBITOR VISITS
9:15

BREAK AND EXHIBITOR VISITS
10:45

KEYNOTE | The Future of Our Health System | Cathy Jacobson
11:00

LUNCH AND EXHIBITOR VISITS
12:00

AFTERNOON BREAKOUT SESSIONS
1:15

Impact of Housing and Social Determinants of Health
Mental and Physical Health: The Latest in Alzheimer’s and Dementia Research
Mind Over Matter: Healthy Bowels, Healthy Bladder
Visual Accessibility: Accessing Print with a Visual Impairment
Strategizing Crisis in Aging Communities
Jazzercise LO: Cardio for All Levels of Mobility
2:30

BREAK AND EXHIBITOR VISITS
2:45

KEYNOTE | The Spirituality of Dying: Living Life with Meaning | Rev. Jana Troutman-Miller
3:45

CLOSING ADDRESS

EXHIBITORS

Connect with the latest products and services from leading health and wellness practitioners and providers during the conference.

CEUs

UW-Parkside’s CEUs/CEHs meet continuing education requirements for many professionals, agencies, and organizations. Professional associations may have specific licensing requirements, and you are encouraged to contact your licensing association to determine whether UW-Parkside CEUs will fulfill requirements.

COVID protocols will be communicated by email and posted online.
**Veggie Options**
- Vegan ☐
- Vegetarian ☐
- Gluten Free ☐

**Dietary Restrictions**
uwp.edu/agingwell

For credit card payments please register online:

**Payment By Card**

$ ______

**TOTAL**

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online for the group rate:

Groups of 3 or more receive 10% off. Register

Kenosha, WI 53144
900 Wood Rd

*$129 before April 22, then $149

Continuing Education
Professional and

0.6 CEUs / 6 CEHs are included in the price of the registration.

Send form and payment to: UW-Parkside

**Investment**

Full Event | $129* | $ ______

**SINGLE**

Check enclosed (Payable to UW-Parkside)

City/st/Zip:
Phone:
Email:
Agency Name:

**Name**

**Address**

**City**

**State**

**Zip**

**Phone**

**Email**

**Agency**

**Name**

**Address**

**City**

**State**

**Zip**

**Phone**

**Email**

**Agreement:**
I understand that I need to complete the payment in full for the registration.

**Required:**
- Office of Continuing Education forms are used for credit, billing, or tax purposes.
- Office of Continuing Education forms are also used for program evaluations.
- Refunds are not available for event cancellations.

**Registration Form | June 3, 2022**

**Registration also available online | uwp.edu/agingwell**

**Keynote Presentations**

**Impact of Housing and Social Determinants of Health**
Janet Hunko, LMSW, Director, Housing Bureau for Seniors, University of Michigan at Michigan Medicine

Through the lens of Social Determinants of Health, the Housing Bureau for Seniors focuses on factors such as hidden homelessness, housing instability, and unaffordable housing. This keynote will address how HBS significantly reduces the likelihood that the older adults whom they serve will face literal homelessness through interventions and case management services.

**The Future of Our Health System**
Cathy Jacobson, President and CEO, Froedtert Health

Learn how hospitals and health systems are addressing needs such as social determinants of health and care coordination while working through the complexities of a pandemic and planning for possible innovations and interventions in the future.

**The Spirituality of Dying: Living Life with Meaning**
Rev. Jana Troutman-Miller, Chaplain, St. John’s On the Lake

There are two undisputed facts of life: you were born, and you will die. Between those absolutes is a world of possibilities for how to live a full and meaningful life. Though there is no denying our eventual death, our instinct is often to fear death, which can get in the way of living. Explore what it looks like to live our best life by accepting our eventual death, and how we can develop a healthy and meaningful relationship with dying at any stage of life.

**Morning Breakout Sessions**

**Advancing the Science at Any Given Moment: The Latest in Alzheimer’s and Dementia Research**
Tim Harrington

Learn more about recent gains in Alzheimer’s and dementia science, including risk factors for Alzheimer’s and other dementia, and the latest advancements in clinical trials, treatments, and lifestyle interventions.

**Mind Over Matter: Healthy Bowels, Healthy Bladder**
Shannon Myers, CWP

Mind Over Matter: Healthy Bowels, Healthy Bladder (MOH) is a researched and proven program designed to help women take control of bladder leakage. Come learn about the workshop and strategies used in the program such as providing creative lessons about bowel function and its importance.

**Visual Accessibility: Accessing Print with a Visual Impairment**
Cory Ballard, CATIS | Luke Scriven, CATIS

Accessing printed materials can be difficult when living with vision loss. Explore what options are available to make this task easier, and experience demonstrations of both visual and non-visual devices designed to provide access to those who are blind or visually impaired.

**Strategizing Crisis in Aging Communities**
Lisa Ladewig, MSW

Join us to learn how to define and respond to crisis in aging populations. This session will provide strategies and resources for dealing with crises during the pandemic, in particular, and will share how to minimize the risk for crisis to occur.

**Jazzercise LO: Cardio for All Levels of Mobility**
Jesse Avery

Set to your favorite top hits, this full-body workout combines low impact/high intensity, dance-based cardio with strength training and stretching. Movement modifications will be demonstrated throughout the session to accommodate all fitness levels and abilities.

**Afternoon Breakout Sessions**

**Impact of Housing and Social Determinants of Health**
Janet Hunko, LMSW

Take a deeper dive into the topics of housing and homelessness with our keynote presenter. Learn more about the Housing Bureau for Seniors’ homelessness prevention efforts and the hidden factors that can lead to homelessness.

**Cardio Drumming**
Denise Jacob

Explore how drumming, music, and movement can infuse fun into fitness. Cardio drumming is an activity that participants of all abilities can enjoy.

**The Spirituality of Grief**
Rev. Jana Troutman-Miller

Whether you are accompanying someone in grief or going through it yourself, the goal of this workshop is to help you understand grief and how to make meaning from it. Everyone’s grief is unique, and understanding what one’s spirit needs along the journey can be helpful in navigating the effects of loss.

**Aging and the LGBTQ+ Community**
Barb Fairar

Aging LGBTQ+ persons face complex and challenging issues related to health, abuse, social isolation, financial stability, and discrimination. With our panel, explore the unique experiences of our LGBTQ+ community and learn constructive strategies to provide meaningful care and services for our elders.

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**Accessing Printed Materials**
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View full detailed bios for all breakout and keynote speakers on the conference webpage: uwp.edu/agingwell