

The CMHC program is a full-time, cohort model program, that takes 7 academic terms to complete. This is the Program of Study. It is the sequence of courses that students complete each semester.

#### Fall 1

CMHC 700 – Professional Counseling Orientation & Ethics (Online)

CMHC 702 – Counseling Skills & Strategies (Face-to-Face)

CMHC 704 - Counseling Theories (Hybrid)

#### Spring 1

CMHC 716 – Social & Cultural Foundations of Counseling (Hybrid)

CMHC 740 – Foundations of Clinical Mental Health Counseling (Online)

CMHC 754 – Addictions Counseling (Hybrid, 7-weeks)

CMHC 758 – Counseling for Work & Career (Hybrid, 7 weeks)

#### Summer 1

CMHC 720 – Assessment Procedures in Counseling (Face-to-Face)

CMHC 752 – Crisis & Trauma Counseling (Face-to-Face)

#### Fall 2

CMHC 706 – Group Counseling (Hybrid, 7-weeks)

CMHC 714 – Lifespan Development in Counseling (Online, 7-weeks)

CMHC 756 – Family & Couples Counseling (Hybrid, 7-weeks)

Elective Course – (Hybrid, 7-weeks)

#### Spring 2

CMHC 742 – Abnormal Behavior & Psychopathology (Online)

CMHC 750 – Diagnosis & Treatment Planning (Hybrid)

CMHC 794 – Counseling Practicum (Face-to-Face)

#### Summer 2

CMHC 795 – Internship in Counseling I (Face-to-Face)

#### Fall 3

CMHC 722 – Research & Evaluation in Counseling (Hybrid, 7-weeks)

CMHC 796 – Internship in Counseling II (Face-to-Face)

Elective Course – (Hybrid, 7-weeks)