The CMHC program is a full-time, cohort model program, that takes 7 academic terms to complete. This is the Program of Study. It is the sequence of courses that students complete each semester.

**Fall 1**
CMHC 700 – Professional Counseling Orientation & Ethics (Hybrid)
CMHC 702 – Counseling Skills & Strategies (Face-to-Face)
CMHC 704 - Counseling Theories (Hybrid)

**Spring 1**
CMHC 716 – Social & Cultural Foundations of Counseling (Face-to-Face)
CMHC 740 – Foundations of Clinical Mental Health Counseling (Online)
CMHC 754 – Addictions Counseling (Hybrid, 7-weeks)
CMHC 758 – Counseling for Work & Career (Hybrid, 7 weeks)

**Summer 1**
CMHC 720 – Assessment Procedures in Counseling (Online, 8 weeks)
CMHC 752 – Crisis & Trauma Counseling (Face-to-Face)

**Fall 2**
CMHC 706 – Group Counseling (Face-to-Face)
CMHC 714 – Lifespan Development in Counseling (Online)
CMHC 756 – Family & Couples Counseling (Hybrid, 7-weeks)
*Elective – (Hybrid, 7-weeks)

**Spring 2**
CMHC 742 – Abnormal Behavior & Psychopathology (Online)
CMHC 750 – Diagnosis & Treatment Planning (Face-to-Face)
CMHC 794 – Counseling Practicum (Face-to-Face)

**Summer 2**
CMHC 795 – Internship in Counseling I (Face-to-Face, 12 weeks)

**Fall 3**
CMHC 722 – Research & Evaluation in Counseling (Hybrid, 7-weeks)
CMHC 796 – Internship in Counseling II (Face-to-Face)
*Elective – (Hybrid, 7-weeks)