### Assessment Report

2024 - 2025

### **Program Evaluation**

### Students

Demographics	Applicants	Students	Graduates
Total Number	52 – Fall 2024	41 – Fall 2024	9 – Fall 2024
Gender	37 – Female	36 – Female	8 – Female
	15 - Male	5 - Male	1 - Male
Race/Ethnicity	34 – White	28 – White	9 – White
	6 - Hispanic	7 – Hispanic	0 – Hispanic
	6 – Black/African	4 – Black/African	0 - Black
	American	American	
	2 - Asian	2 - Asian	
	4 - Not specified		

Fall 2024	Offered employment	Training license	Employed in Mental
Graduates	by site		Health
9	7	8	9

# Trend Analysis

Total # of	Licensure Status		Retention Rates	Employed in
Graduates	Training	Independent		Mental Health
72	46	18	82%	66 - 91%

Data reflects fall cohort data from 2018 - 2024

### The status of some graduates is unknown

# **Assessment of Students**

# CACREP Core Content Area – Professional Counseling Orientation and Ethical Practice

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates	ACA or AMHCA	80% of students join	Outcome met
demonstrate a	membership;	ACA or AMHCA as	
professional	_	a graduate level	
counselor identity		member;	
and ethical, culturally		,	
competent, and trauma-informed	Skills practice recording number 3;	90% of students will receive a B or higher	Outcome met
practice.	recording number 3,	on the counseling	

Practicum case presentation;	skills practice recording number 3; 90% of students will receive a B or higher	Outcome met
Internship I CCS-R ethics question;	on the practicum case presentation.  90% of students must meet expectations on ethics question of	Outcome met
Dispositional Review	CCS-R for Internship I; 90% of students will meets expectations on dispositional measures	Outcome met

**Recommendation:** All outcomes met, therefore, no plan to alter content area based on assessment results. However, as part of the 5 year course learning outcomes review plan, CMHC 702 was reviewed in the fall of 2024, membership in AMHCA was added as an option for demonstrating professional counseling identity. CMHC 794 will be reviewed in the fall of 2027, and CMHC 795 will be reviewed in the spring of 2028.

CACREP Core Content Area – Social and Cultural Identities and Experiences

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates conceptualize clients	CCS-R multicultural competency question	CCS-R 90% of students must meet	Outcome met
through a multicultural and social justice lens. To	at the end of Internship I;	expectations;	
include demonstrating the requisite attitudes and beliefs, knowledge, skills, and actions	Dispositional Review (internship II);	Dispositional Reviews 90% of students must meet expectations;	Outcome met
required to ensure equity and inclusion for diverse clients.	Perspective Paper (Spring)	Perspective Paper 90% of students will achieve a B or higher.	Outcome met

**Recommendation:** All outcomes met, therefore, no plan to alter content area at this time. As part of the 5 year course learning outcomes review plan, CMHC 716 will be reviewed in the spring of 2029 and CMHC 795 will be reviewed in the spring of 2028.

CACREP Core Content Area – Lifespan Development

Program Learning Goal	Key Performance Measure	Key Performance Indicator	Outcome
Graduates evaluate theories and factors that affect individual and family development, as well as, transitions across the lifespan, in a	Child/Adolescent Interview Assignment;	90% of students will achieve a B or higher on Child/Adolescent interview assignment;	Outcome met
multicultural and pluralistic society.	Lifespan development portion of Comprehensive exam;	90% of students will receive 70% or higher on the Lifespan development portion of Comp. exam;	Outcome met
	Case conceptualizations (Family and couples)	90% of students will achieve a B or higher on the Case conceptualizations	Outcome met

**Recommendation:** All outcomes met, therefore, no plan to alter content area at this time. CMHC 714 will be reviewed as part of the 5 year course learning outcomes review plan in fall of 2025.

### CACREP Core Content Area – Career Development

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates apply their	Career interview;	90% of students will	Outcome met
knowledge of the		achieve a B or higher	
connections between		on Career interview;	
work, relationships,			
mental health and	Final exam;	90% of students will	Outcome met
other life roles, and	·	achieve a B or higher	
strategies. To include		on the Final exam;	
evaluating strategies		,	
that lead to client	Career development	90% of students will	Outcome met
growth and change	portion of the	achieve a 70% or	
associated with the	1	higher on the Career	

experience of work in	comprehensive exam;	development portion	
a multicultural and		of the comprehensive	
pluralistic society.		exam;	

**Recommendation:** All outcomes met, therefore, no plan to alter content area at this time. CMHC 758 will be reviewed as part of the 5 year course learning outcomes review plan in fall of 2027.

### CACREP Core Content Area – Counseling Practice and Relationships

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates establish, maintain, and utilize the therapeutic alliance with clients and understand other core conditions of counseling relationships that lead to client growth and change in a	Skills Practice Recording number 3;  CCS-R facilitate therapeutic environment questions (internship	90% of students will receive a B or higher on recording number 3; 90% of students will be at minimum meeting expectations on the CCS-R facilitate therapeutic	Outcome met Outcome met
multicultural and pluralistic society.	Case presentations (internship II)	environment questions at internship 1;  90% of students will receive a B or higher on the case presentation in internship II	Outcome met

**Recommendation:** All outcomes met, therefore, no plan to alter content area based on assessment results. CMHC 702 and CMHC 704 were reviewed this year as part of the 5-year course review cycle. Upon review, no current changes are being recommended.

#### CACREP Core Content Area - Group Counseling and Group Work

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates facilitate	Group proposal	90% of students will	Outcome met
groups informed by	assignment;	receive a B or higher	
the principles of		on the group proposal	
group dynamics,		assignment;	
developmental stages			
of group, and			Outcome met

therapeutic factors	Reflective group	90% of students will	
responsive to a	experience paper	receive a B or higher	
multicultural and	(group counseling)	on the Reflective	
pluralistic society.		group experience	
		paper	

**Recommendation:** All outcomes met, therefore, no plan to alter content area at this time. As part of the 5 year course learning outcomes review plan, CMHC 706 will be reviewed in the fall of 2026.

CACREP Core Content Area – Assessment and Diagnostic Processes

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates utilize a	Test feedback	90% of students will	Outcome met
trauma-informed lens	demonstration;	receive a B or higher	
to implement		on the test feedback	
assessment		demonstration;	
procedures and			
diagnose mental	Final exam (treatment	90% of students will	Outcome met
health conditions	planning and	receive a B or higher	
responsive to the	diagnosis);	on the treatment	
cultural context of		planning and	
clients.		diagnosis Final exam;	
		90% of students will	
	Case presentation	receive a B or higher	Outcome met
	(internship II)	on the Case	
		presentation in	
		internship II	
		_	

**Recommendation:** All outcomes met, therefore, no plan to alter content area based on assessment results. However, the CMHC 720 course was reviewed this year as part of the 5-year course review cycle. Based on student feedback the assessment course modality will be switched from completely asynchronous to hybrid 8 weeks in the summer for the on-ground modality. It was also noted that the trauma informed aspect of the KPI needs to be more pronounced to better address the program learning goal. CMHC 742 and CMHC 750 will be reviewed in the spring of 2026, and CMHC 796 will be reviewed in the spring of 2028.

CACREP Core Content Area – Research and Program Evaluation

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates evaluate	Analysis of Research	90% of students will	Pending
the importance of	Framework;	receive a B or higher	
published research,		on the analysis of	
outcome measures,			

and program		research framework;	Outcome met
evaluation for the purpose of advancing the counseling profession in a diverse community.	Research and program evaluation section of the comprehensive exam	90% of students will receive a 70% or higher on the research and program evaluation section of the comp. exam	Outcome met
		the comp. exam	

**Recommendation** - All outcomes met, therefore, no plan to alter content area based on assessment results. However, the CMHC 722 course was reviewed this year as part of the 5-year course review cycle. KPI's were revised and updated for this content area after the course review process. The research proposal II was changed to analysis of research framework and the final exam was removed as a KPI. Course review indicated that better measures of performance were needed to better assess the program and course learning goals. Similarly, the research and evaluation in counseling section of the comprehensive exam threshold was adjusted to be commensurate with the other comprehensive exam based KPI's.

CACREP Clinical Mental Health Counseling Specialty Area

Program Learning	Key Performance	Key Performance	Outcome
Goal	Measure	Indicator	
Graduates implement evidence-based counseling interventions and treatment planning	Final exam in CMHC 750 treatment planning;	90% of students will receive a B or higher on the final exam in Treatment Planning;	Outcome met
strategies that are trauma-informed, and grounded in multicultural and social justice competencies.	Case presentations in Internship 1;  Major substances of	90% of students will receive a B or higher on the Case presentation in internship 1;	Outcome met
	abuse and the body presentation (addiction);	90% of students will receive a B or higher on the Major substances of abuse and the body presentation (addictions);	Outcome met
	Advocacy paper (CMHC 740)	90% of students will receive a B or higher	Outcome met

	on the Advocacy paper in CMHC 740	

**Recommendation** - All outcomes met, therefore, no plan to alter content area based on assessment results. As part of the 5 year course learning outcomes review plan CMHC 750 will be reviewed in the spring of 2026, CMHC 795 will be reviewed in the spring of 2028, CMHC 754 will be reviewed in the spring of 2027, and CMHC 740 will be reviewed in the spring of 2027.