



 = BeWell Healthy Option  = Not made with gluten  = Vegetarian  = Vegan




Scrambled Eggs (cals 210)  \$3.19

Made-To-Order Omelet (cals 210-435) \$5.69


Egg & Cheese

Breakfast Sandwich (cals 241-405)  \$4.09

5 French Toast Sticks (cals 330)  \$3.19


DIY Waffles located on Salad Bar

Egg, Cheese & Meat Breakfast Sandwich (cals 327-491)  \$5.39

Waffle Plain (cals 270)  \$2.89

Waffle 1 Fruit Topping (cals 320)  \$4.09

SIDES

Breakfast Potatoes (cals 260)  \$1.59 | Breakfast Meat (cals 80-110) \$1.89

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.